



February 28th, 2025

Spirit Day

Wynn- Teaches you to avoid vaping/tobacco!	Wear RED!
Rain- Teaches you to choose water! Pepper- Teaches you to eat different colored fruit and veggies!	Wear BLUE!
Wylie- Teaches you to be kind!	Wear YELLOW!
Rylie- Teaches you to get 10 hours of sleep!	Wear PURPLE!
Dakota- Teaches you to be active for 60 minutes each day!	Wear ORANGE!
Ace- Teaches you about Hands Only CPR!	Wear GREEN!

On Friday, wear the color of your FAVORITE Heart Hero!

