



# Holland Township School



## February 2012 Menu

Maschio's Food Services, Inc.

Healthy Meals Grow Healthy Kids!

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Did You Know</b> February is the Month to Celebrate: Groundhog Day—2nd Valentines Day—14th Presidents Day—20th Black History Month</p>	<p><b>Heart Healthy Month</b></p> 	<p>1 Baked Ziti Toasted Garlic Bread Tossed Salad Assorted Fruit Milk Choice</p> 	<p>2 <b>SUPER BOWL</b> Giant Foot Long Hot Dog on a Bun Touchdown Tator Tots Baked Beans Banana, Milk Choice</p> 	<p>3 Mezza-Luna Pizza Garden Salad Assorted Fruit Milk Choice</p>
<p>6 <b>Breakfast for Lunch!</b> French Toast Turkey Sausage Chilled Fruit 100% Orange Juice Milk Choice</p>	<p>7 Chicken Nuggets Dinner Roll Whipped Potatoes Corn Jell-o Chilled Fruit Milk Choice</p>	<p>8 <b>LUCKY PLATE DAY</b> Grilled Cheese Sand. Tomato Soup Carrots Chilled Fruit Milk Choice</p>	<p>9 California Burger on a Bun Oven Fries Lettuce &amp; Tomato Assorted Fruit Milk Choice</p>	<p>10 Personal Pan Pizza Tossed Salad Assorted Fruit Milk Choice</p> 
<p>13 Oven Baked Chicken Roll Coleslaw Carrots Chilled Fruit Pudding, Milk</p>	<p>14 <b>Heart Healthy</b> <b>Chicken Pattie on w/Grain Bun</b> <b>Veggie Pasta Salad</b> <b>Apple Crisp</b> <b>Chilled Fruit</b> <b>Milk Choice</b></p>	<p>15 Choice of Subs Turkey or Ham &amp; Cheese, Chips Macaroni Salad Lettuce, Tomato Chilled Fruit, Milk</p>	<p>16 Pizza Sticks Garden Salad Apple Crisp Milk Choice</p>	<p>17 <b>School Closed</b></p> 
<p>20 School Closed <b>President's Day</b></p> 	<p>21 Pancakes Turkey Sausage Hot Apple Slices 100% Orange Juice Milk Choice</p>	<p>22 Chicken Tenders Mashed Potatoes w/Gravy Green Beans Chilled Fruit Milk Choice</p>	<p>23 Chicken Quesadillas Seasoned Rice Corn Applesauce Milk Choice</p>	<p>24 Stuffed Crust Pizza Tossed Salad Assorted Fruit Milk Choice</p>
<p>27 <b>Everything in a Bag</b> Twin Cheeseburgers Pretzel Bag Carrots Fruit Milk Choice</p>	<p>28 <b>Nachos w/Meat, Cheese</b> Seasoned Rice Corn Muffin Shredded Lettuce Chilled Fruit Milk Choice</p>	<p>29 Spaghetti w/Meatballs Toasted Garlic Bread Tossed Salad Assorted Fruit Milk Choice</p>	<p><b>FRUIT AND VEGETABLE OF MONTH</b></p>  	

Student Lunch \$2.50  
Adult Lunch \$3.00

**Available Daily**

**"SIDEKICKS"**

Milk \$.60  
Fruit \$.50  
Baked Chips \$.60  
Baked Cookie \$.30  
Hot Pretzel \$.80  
Spring Water \$1.00  
Flavored Water \$1.25  
Fruit Juice \$.75  
Ice Cream \$.75/\$1.00

**MAC CHICKEN WRAP**  
Veggie Sticks Or  
Fruit  
Low Fat Milk  
Or  
**Peanut Butter & Jelly on Wheat Bread**  
Or  
**Chef Salad**  
Mixed Salad Platter w/proteins, Or Tuna Salad Sandwich.  
Whole Grain Bread, Fruit, Milk

**Bagel Bag Lunch**  
Bagel  
Cheese Sticks  
Fruit  
Vegetable Sticks  
Low-Fat Milk



Extra Bread Available Daily with Lunch!

Complete Lunch...Only \$2.50  
Includes Vegetable, Fruit or Juice and Milk  
Make checks to Holland Township School

"Our lunch menus meet or exceed USDA guidelines for child nutrition lunch programs."

[www.maschiofood.com](http://www.maschiofood.com)

Menu Subject to change